

# Breakfast

## EXPLORER CLASSICS

### The Traditional

Two eggs, any style with your choice of bacon, maple cured ham or country sausage, accompanied by roast fingerling potatoes and toast  
14

### Egg White Frittata

Made with fresh herbs and served with roast fingerling potatoes, seasonal fruit and toast  
13

### Poached Eggs

Served with olive bread, asparagus, black forest ham topped with smoked Gruyere  
15

### Trader's Three Egg Omelette

Your choice of ham, pancetta, tomato, mushroom, onion, herbs, cheddar cheese, Swiss cheese, smoked gouda cheese, goat cheese and peppers. Served with roast fingerling potatoes and toast  
15

### Lox and Bagel

Bagel, smoked Arctic char, cream cheese, red onion and caper berries  
14

### Traders Bagel

Toasted multigrain bagel topped with shaved ham, tomato, sharp white cheddar, fried egg and Hollandaise sauce  
14

### Breakfast Quesadilla

Green onion, tomato, mixed cheese, sausage and bacon in a flour tortilla with ketchup-infused mayonnaise and side of salsa  
15

### Granola Yogurt Parfait

A healthy combination of granola, fresh fruit and yogurt  
12

### Fresh Fruit Smoothie

Fresh yogurt blended with fresh fruit, honey and maple syrup  
11

### Hot Oatmeal

Served with brown sugar, granola, raisins and 2% milk  
7  
*Add fresh berries 4*

## BUFFET

### Breakfast Buffet

Includes coffee, tea and juice  
18

### Continental Buffet

Includes coffee, tea and juice  
13

## FROM THE GRIDDLE

### Buttermilk Pancakes

Your choice of whole wheat, strawberry, chocolate chip, blueberry or plain. Served with seasonal fruit  
12

### Stuffed French Toast

French baguette stuffed with seasonal berries topped with citrus butter  
13

### Belgian Waffles

Served with mandarin maple syrup, seasonal fruit and butter  
13

## EGGS BENEDICT

### Classic Eggs Benedict

Two poached eggs and ham on toasted English muffins topped with Hollandaise sauce  
14

### Eggs Frobisher Bay

Two poached eggs with Iqaluit smoked Arctic char on a toasted English muffin topped with Hollandaise sauce  
16

## SIDE ORDERS

**Toast** Choose from white, whole wheat, multigrain or rye

**Plain bagel** 4  
**Bagel with cream cheese** 5  
**Roast fingerling potatoes** 4  
**Bacon** 3 pieces 4

**Sausage** 2 links 4  
**Ham** 2 slices 4  
**Assorted cereals** 4  
**Yogurt** Variety of flavours 5

**Muffin** 4  
**English Muffin** 4  
**Croissant** 4

## BEVERAGES

Fresh brewed coffee 3  
Selection of fine teas 3  
Fruit juice 3  
2% Milk 3  
Hot chocolate 3  
Bottled water (355ml) 3  
Cappuccino, latte or espresso 5

