

Breakfast

EXPLORER CLASSICS

The Traditional

Two eggs, any style with your choice of bacon, maple cured ham or country sausage, accompanied by roast fingerling potatoes and toast
14

Egg White Frittata

Made with fresh herbs and served with roast fingerling potatoes, seasonal fruit and toast
13

Poached Eggs

Served with olive bread, asparagus, black forest ham topped with smoked Gruyere
15

Trader's Three Egg Omelette

Your choice of ham, pancetta, tomato, mushroom, onion, herbs, cheddar cheese, Swiss cheese, smoked gouda cheese, goat cheese and peppers. Served with roast fingerling potatoes and toast
15

Lox and Bagel

Bagel, smoked Arctic char, cream cheese, red onion and caper berries
14

Traders Bagel

Toasted multigrain bagel topped with shaved ham, tomato, sharp white cheddar, fried egg and Hollandaise sauce
14

Breakfast Quesadilla

Green onion, tomato, mixed cheese, sausage and bacon in a flour tortilla with ketchup-infused mayonnaise and side of salsa
15

Granola Yogurt Parfait

A healthy combination of granola, fresh fruit and yogurt
12

Fresh Fruit Smoothie

Fresh yogurt blended with fresh fruit, honey and maple syrup
11

Hot Oatmeal

Served with brown sugar, granola, raisins and 2% milk
7
Add fresh berries 4

BUFFET

Breakfast Buffet

Includes coffee, tea and juice
18.50

Continental Buffet

Includes coffee, tea and juice
13

FROM THE GRIDDLE

Buttermilk Pancakes

Your choice of whole wheat, strawberry, chocolate chip, blueberry or plain. Served with seasonal fruit
12

Stuffed French Toast

French baguette stuffed with seasonal berries topped with citrus butter
13

Belgian Waffles

Served with mandarin maple syrup, seasonal fruit and butter
13

EGGS BENEDICT

Classic Eggs Benedict

Two poached eggs and ham on toasted English muffins topped with Hollandaise sauce
14

Eggs Frobisher Bay

Two poached eggs with Iqaluit smoked Arctic char on a toasted English muffin topped with Hollandaise sauce
16

SIDE ORDERS

Toast Choose from white, whole wheat, multigrain or rye

Plain bagel 4
Bagel with cream cheese 5
Roast fingerling potatoes 4
Bacon 3 pieces 4

Sausage 2 links 4
Ham 2 slices 4
Assorted cereals 4
Yogurt Variety of flavours 5

Muffin 4
English Muffin 4
Croissant 4

BEVERAGES

Fresh brewed coffee 3
Selection of fine teas 3
Fruit juice 3
2% Milk 3
Hot chocolate 3
Bottled water (355ml) 3
Cappuccino, latte or espresso 5



AN 18% SERVICE CHARGE WILL BE APPLIED TO GROUPS OF 8 OR MORE. ALL MENU ITEMS ARE SUBJECT TO GST.